Client Reference Number:

Form 4

Revision No.: 2025-08-05

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * KALISH DAVID	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	_	(Check all applicable)		
(Last) (First) (Middle)  60 CUTTER MILL RD STE 303	3. Date of Earliest Transaction (Month/Day/Y 08/05/2025		☐ Director  ✓ Officer (give title below)  Senior VP - Finance	10% Owner Other (specify below)		
(Street) GREAT NECK, NEW YORK 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	6. Individual or Joint/Group Filing (Will be automatically set)  Form filed by One Reporting Person  Form filed by More than One Reporting Person			
	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intertied affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.					

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/ Year)	2A. Deemed Execution Date, if any	3. Transaction Code (Instr. 8)	de 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership	
		(Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/05/2025 (1)		A		2,425	A	\$0	240,549.6306 (2)	D	
Common Stock								19,438	I	By Gould Investors L.P. pension trust <sup>(3)</sup>
Common Stock								155,033	I	By REIT Mgt. Corp. pension and profit sharing trusts <sup>(4)</sup>
Common Stock								4,169	I	By BRT Apartments Corp. Pension Trust <sup>(5)</sup>
Common Stock								1,276.9860 (2)	I	By spouse

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

Transaction 3A. Deemed ate (Month/ Day/ Execution Date	4. Transaction Code f (Instr. 8)	5. Number of Derivative	6. Date Exercisable a (Month/ Day/ Year)		3 0				11. Nature of Indirect
ear) any (Month/ Da	/   ` ´	Securities			(Instr. 3 and 4)	Security	Securities	Form of	Beneficial
Year)		Acquired (A) or				(Instr. 5)	Beneficially	Derivative	Ownership
		Disposed of (D)					Owned	Security:	(Instr. 4)
		(Instr. 3, 4, and 5)					Following	Direct (D)	
							Reported	or Indirect	
	Code V	A D	Date Exercisable	Expiration Date	Title Amount or Number of Shares		Transaction(s)	(I)	
							(Instr. 4)	(Instr. 4)	
ate	e (Month/ Day/ r) Execution Date, i any (Month/ Day/	e (Month/ Day/ Execution Date, if any (Month/ Day/ (Instr. 8)	(Month/ Day/ r) Execution Date, if any (Month/ Day/ Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/ Day/ Year)  Execution Date, if any (Month/ Day/ Year)  Year)  (Instr. 8)  Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Execution Date, if any (Month/ Day/ Year)  (Instr. 8)  Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/ Execution Date, if any (Month/Day/ Year)  Securities  (Instr. 3 and 4)  Instr. 3 and 4)	Execution Date, if any (Month/ Day/ Year)  Execution Date, if any (M	(Month/Day/ Far)  Execution Date, if any (Month/Day/ Year)  Execution Da	Execution Date, if any (Month/ Day/ Year)    Code   V   A   D   Date Exercisable   Expiration Date   Expiration Date   Title   Amount or Number of Shares   Derivative   Derivative   Derivative   Derivative   Securities   Secur

#### **Explanation of Responses:**

Remarks:

- 1. Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2022 had been satisfied. The related performance period ended June 30, 2025.
- 2. Includes shares acquired through issuer's dividend reinvestment plan.
- 3. Reporting person is a trustee of Gould Investors L.P. Pension Trust.
- 4. Reporting person is a trustee of each of the REIT Management Corp. Pension Plan and the REIT Management Corp. 401(k) Tax Deferred Savings Plan Profit Sharing Trust, which in the aggregate own the number of shares shown.
- 5. Reporting person is a trustee of BRT Apartments Corp. Pension Trust, which owns these shares.

/s/ David Kalish	08/07/2025
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4(b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).